



Presented by Skate Winnipeg
Terry Sawchuk Arena
November 23-24-25, 2018
A Skate Canada Sanctioned Event
www.skatewinnipeg.ca



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Super Skate 2018
Hosted by Skate Winnipeg
November 23, 24 and 25, 2018
Terry Sawchuk Arena
901 Kimberly Avenue
Winnipeg, MB

GENERAL INFORMATION

This competition will be conducted in accordance with the Skate Canada Rule Book. If not stated otherwise in this document, the normal regulations governing skating will apply as indicated in the Skate Canada Rule Book.

Registration closes October 19, 2018 at 11:59pm.

Date November 23, 24 and 25, 2018

Host Skate Winnipeg

Venue Terry Sawchuk Arena

Ice Surface 85' x 200'

Accommodations

Canad Inns Club Regent 1415 Regent Ave West
(204) 667-5560
***Group booking held under Skate Winnipeg until Oct 24, 2018**

LOC Co-Chairs Elena Elizarov - elenaelizarov@gmail.com
Julia Walker - jwalkerpharm@shaw.ca

Chief Referee Mary Ellen McDonald- maryellenmcd@gmail.com

Events To Be Held

STARSkate Free Skate Events

All event technical requirements will follow Skate Canada's 2018/2019 STAR technical program requirements, unless otherwise listed below.

1. STAR 1
 - a. TEST: May not have passed any part of the Senior Bronze Free Skate Test (Star 6)
 - b. AGE: May be grouped by age.
2. STAR 2
 - a. TEST: May not have passed any part of the Senior Bronze Free Skate Test (Star 6)
 - b. AGE: May be grouped by age.
3. STAR 3
 - a. TEST: May not have passed any part of the Senior Bronze Free Skate Test (Star 6)
 - b. AGE: May be grouped by age.
4. STAR 4
 - a. TEST: May not have passed any part of the Senior Bronze Free Skate Test (Star 6)
 - b. AGE: STAR 4 Singles competitors shall be grouped in three age categories as follows:
 - i. U10: under the age of 10 before July 1 preceding the event.
 - ii. U13: under the age of 13 before July 1 preceding the event.
 - iii. 13&O: thirteen and over as of July 1 preceding the event.
5. STAR 5
 - a. TEST: May not have passed any part of the Junior Silver Free Skate Test (Star 8)
 - b. AGE: STAR 5 Singles competitors shall be grouped in three age categories as follows:
 - i. U10: under the age of 10 before July 1 preceding the event.
 - ii. U13: under the age of 13 before July 1 preceding the event.
 - iii. 13&O: thirteen and over as of July 1 preceding the event.
6. STAR 6
 - a. TEST: Must have passed the complete STAR 5 assessment or the Junior Bronze Free Skate Test
7. STAR 7 (short program)
 - a. TEST: Must have passed the complete STAR 5 assessment or the Junior Bronze Free Skate Test
8. STAR 8
 - a. TEST: Must have passed the complete STAR 5 assessment or the Junior Bronze Free Skate Test
9. STAR 9 (short program)
 - a. TEST: Must have passed the complete STAR 5 assessment or the Junior Bronze Free Skate Test
10. STAR 10
 - a. TEST: Must have passed the complete Junior Silver Free Skate Test
11. GOLD
 - a. TEST: Must have passed the complete Junior Silver Free Skate Test

Competitive Free Skate Events

All event technical requirements will follow Skate Canada's 2018/2019 singles program requirements, unless otherwise listed below.

1. PRE-JUVENILE - These competitions shall consist of a free skating program to music of 2.5 minutes (+ or- 10 seconds) in duration. The composition of the free skating program and the requirements for a well balanced program shall be as communicated each season.
 - a. TEST: Must have passed the Star 5 or Junior Bronze Free Skate Test or higher.
 - b. AGE: Pre-Juvenile Singles competitors shall be grouped in two age categories as follows:
 - i. U11 under the age of 11 before July 1 preceding the event.
 - ii. U13 under the age of 13 before July 1 preceding the event.

2. JUVENILE - These competitions shall consist of a free skating program to music of 2.5 minutes (+ or- 10 seconds) in duration. The composition of the free skating program and the requirements for a well balanced program shall be as communicated each season.
 - a. TEST: Must have passed the Star 5 or Junior Bronze Free Skate Test or higher.
 - b. AGE: Juvenile Singles competitors shall be grouped in two age categories as follows:
 - i. U12: under the age of 12 before July 1 preceding the event.
 - ii. U14: under the age of 14 before July 1 preceding the event.

For Pre-Novice to Senior: Skaters have the option to compete in the Short Program, the Free Program or both. Please note that these are not combined events.

3. PRE-NOVICE –
 - i. **SHORT PROGRAM:** A short program to music which shall not exceed 2 minutes and 30 seconds in duration containing the group of elements announced by Skate Canada for the current season.
 - ii. **FREE PROGRAM:** A free skating program to music of 3.0 minutes (+ or – 10 seconds) in duration. The requirements for this program shall be as communicated each season.
 - a. TEST: Must have passed the Star 5 or Junior Bronze Free Skate Test or higher.
 - b. AGE: Pre-Novice Singles competitors shall be under the age of 16 before July 1 preceding the event.

4. NOVICE -
 - i. **SHORT PROGRAM:** A short program to music which shall not exceed 2 minutes and 30 seconds in duration containing the group of elements announced by Skate Canada for the current season.
 - ii. **FREE PROGRAM:** A free skating program to music. The requirements for this program shall be as communicated each season. The length of the program is as follows:
Women: 3.0 minutes (+ or – 10 seconds)
Men: 3.5 minutes (+ or – 10 seconds).
 - a. TEST: Must have passed the Gold Free Skate Test or higher.
 - b. AGE: Novice Singles competitors shall be under the age of 17 before July 1 preceding the event.

5. JUNIOR -

- i. **SHORT PROGRAM:** A short program to music which shall be 2 minutes and 50 seconds max containing the group of elements announced by Skate Canada for the current season.
- ii. **FREE PROGRAM:** A free skating program to music. The requirements for this program shall be as communicated each season. The length of the program is as follows:
 - Women: 3.5 minutes (+ or – 10 seconds)
 - Men: 4.0 minutes (+ or – 10 seconds).
- c. TEST: Must have passed the Gold Free Skate Test.
- d. AGE: Shall meet ISU Junior age criteria (maximum age limit only applies).

6. SENIOR -

- i. **SHORT PROGRAM:** A short program to music which shall be 2 minutes and 50 seconds max containing the group of elements announced by Skate Canada for the current season.
- ii. **FREE PROGRAM:** A free skating program to music. The requirements for this program shall be as communicated each season. The length of the program is as follows:
 - Women: 4.0 minutes (+ or – 10 seconds)
 - Men: 4.5 minutes (+ or – 10 seconds).
- e. TEST: Must have passed the Gold Free Skate Test.
- f. AGE: No age requirement.

Adult Free Skate Events

All event technical requirements will follow Skate Canada's 2018/2019 Adult Skate Technical Program Requirements, unless otherwise listed below.

- 1. Bronze
- 2. Silver
- 3. Gold
- 4. Masters

Adult Interpretive Event

All event technical requirements will follow Skate Canada's 2018/2019 Adult Skate Technical Program Requirements, unless otherwise listed below.

- 1. Introductory
- 2. Bronze
- 3. Silver
- 4. Gold

Element Events

Each skater will perform 4 elements in isolation in the order listed for their level. Each element may only be attempted once. STAR 2 to STAR 6 will use half-ice to perform their elements. Star 7 and up will use full ice. All spin elements will be assessed as base level regardless of content. Star 2 and Star 3 are assessed to standard and Star 4 and above are assessed to standard with ranking.

| | Element 1 | Element 2 | Element 3 | Element 4 |
|------------------------------|---|----------------------------|--------------------------|--------------------------|
| Star 2 | Loop Jump | Waltz/Toe-Loop Combination | Backward Upright Spin | Forward Spiral Sequence* |
| Star 3 | Flip Jump | Loop/Loop Combination | Combination Spin* | Forward Spiral Sequence* |
| Star 4 | Axel | Lutz/Loop Combination | Combination Spin* | Forward Spiral Sequence* |
| Star 5 | Axel | Jump Combination | Combination Spin* | Spiral Sequence* |
| Star6 (Sr. Bronze) | Axel | Any double jump | Flying Spin* | Spiral Sequence* |
| Star 7/8 (Jr. Silver) | Any Double Jump | Jump Combination* | One Position Spin* | Spiral Sequence* |
| Star 9/10 (Sr. Silver) | Any Double Jump (Double Loop or higher) | Jump Combination* | Flying Spin* | Bonus Element* |
| Gold | Any Double Jump (Double Flip or higher) | Jump Combination* | Flying Combination Spin* | Bonus Element* |
| Open** (Sr Bronze or higher) | Any Double Jump | Jump Combination* | Flying Spin* | Bonus Element* |

* See 2018-2019 STAR Technical Requirements for further details

****The Open category may be used if there are insufficient numbers to run Senior Bronze (Star 6) and above categories**

Team Elements

Program requirements & Event procedures

Team Element events consist of progressive levels beginning at STAR 2 up to Gold. STAR 2 and STAR 3 will be conducted in an Assessment to Standard format. STAR 4 and higher events will be conducted in an Assessment to Standard with ranking format. Entry for Team Element events is consistent with Free Skate events and teams may skate up one level if they choose. **It is mandatory to submit a team name when registering for team events.**

Teams must be comprised of 2 to 4 skaters. Each skater will perform one or two elements. No skater may perform more than two elements. The elements to be skated are as follows:

| | Element 1 | Element 2 | Element 3 | Element 4 |
|--------------------------------|---|----------------------------|--------------------------|--------------------------|
| Star 2 | Loop Jump | Waltz/Toe-Loop Combination | Backward Upright Spin | Forward Spiral Sequence* |
| Star 3 | Flip Jump | Loop/Loop Combination | Combination Spin* | Forward Spiral Sequence* |
| Star 4 | Axel | Lutz/Loop Combination | Combination Spin* | Forward Spiral Sequence* |
| Star 5 | Axel | Jump Combination* | Combination Spin* | Spiral Sequence* |
| Star 6 (Sr. Bronze) | Axel | Any Double Jump | Flying Spin* | Spiral Sequence* |
| Star 7/8 (Jr. Silver) | Any Double Jump | Jump Combination* | One Position Spin* | Spiral Sequence* |
| Star 9/10 (Sr. Silver) | Any Double Jump (Double Loop or higher) | Jump Combination* | Flying Spin* | Bonus Element* |
| Gold | Any Double Jump (Double Flip or higher) | Jump Combination* | Flying Combination Spin* | Bonus Element* |
| Open ** (Sr. Bronze or higher) | Any double jump | Jump Combination* | Flying Spin* | Bonus Element* |

* See 2018-2019 STAR Technical Requirements for further details

**The Open category may be used if there are insufficient numbers to run Senior Bronze (Star 6) and above categories

CREATIVE IMPROV

Creative Improv programs are offered in a singles format and are designed only by the skater with minimal preparation. There is no coaching permitted for these events.

| | |
|--|----------------------|
| Level | Competition format |
| Creative Improv 1 Creative Improv 2 | Assessed to Standard |
| Creative Improv 3 Creative Improv 4 | CPC Judging |

Program length and test requirements for each level of competition are as follows:

| Event | Test Prerequisite | Program Time |
|--------------------------|--|--|
| Creative Improv 1 | Skaters may have passed the complete STAR 3 Free Skate test but no higher complete test | Program maximum of 45 seconds in length |
| Creative Improv 2 | Skaters may have passed the complete STAR 5 Free Skate test but no higher than the complete Senior Bronze Free Skate test | Program maximum of 45 seconds in length |
| Creative Improv 3 | Skaters may have passed the complete Senior Bronze Free Skate test but no higher than the complete Junior Silver Free Skate test | Program maximum of 1:00 minute in length |
| Creative Improv 4 | Skaters may have passed the complete Junior Silver Free Skate test or higher | Program maximum of 1:00 minute in length |

Program content requirements and event procedures for all levels are as follows:

- All the skaters in a given flight for an event are presented with a pre-selected piece of music by the Technical Representative prior to the warm-up. All skaters in the flight for that event will perform to the same musical selection.
- Skaters will listen to the music twice off-ice in a designated area (i.e. dressing room) and once on-ice during the warm-up period.
- Skaters are then kept in a sound-proof dressing room until it is their turn to perform.

- Simple skating attire is required.
- All single jumps are permitted. Jumps of any higher rotation will be subject to an illegal element violation if included.

Assessment to Standard

The panel shall be composed of three judges, one of which will be designated as the Referee. The panel will assess each program in three Program Components: Skating Skills, Performance, and Interpretation.

INTERPRETIVE

| | |
|----------------------------------|----------------------|
| Level | Competition format |
| Pre-Introductory Introductory | Assessed to Standard |
| Bronze Silver Gold | CPC Judging |

Program and test requirements for each level of competition are as follows:

| Singles events | Test Prerequisite | Program Time |
|-------------------------|--|--|
| Pre-Introductory | May not have passed any Skate Canada Interpretive test | One Interpretive program maximum of 2:00 minutes in length |
| Introductory | May have passed the Introductory Interpretive test but no higher | |
| Bronze | May have passed the Bronze Interpretive test but no higher | One Interpretive program maximum of 3:00 minutes in length |
| Silver | May have passed the Silver Interpretive test but no higher | |
| Gold | May have passed the Gold Interpretive test | |

Event Registration

Online registrations will be accepted for Super Skate 2018 beginning on or before September 25th, 2018. Registrations are due no later than ***Friday, October 19, 2018 at 11:59pm CST.*** **We will accept late entries until Wednesday, October 24th, 2018 with a \$50 late fee. There will be no registration after this date- no exceptions!** A tentative Competition Schedule will be posted to Skate Winnipeg's website no later than Friday, November 9, 2018. The tentative Competition Schedule is subject to change.

Planned Program Sheets

Any entry in STAR 5 to Gold, or Pre-Juvenile to Senior must submit a Planned Program Content Sheet, at the time of registration through the registration site, clearly labelled with the skater's first and last name, as well as event. *Planned Program Sheets will not be accepted on-site.*

Entry Fees

| | <u>First Event</u> | <u>Second Event</u> |
|--------------------------|--------------------|---------------------|
| STAR 1 | \$60/entry | \$30/entry |
| STAR 2 & 3 | \$65/entry | \$30/entry |
| STAR 4 & Adult | \$75/entry | \$30/entry |
| STAR 5 to Gold | \$100/entry | \$30/entry |
| Pre-Juvenile & Juvenile | \$110/entry | \$30/entry |
| Pre-Novice to Senior* | \$120/entry | \$30/entry |
| Dance Team (any level)** | \$125/entry | |
| Pairs Team (any level)** | \$125/entry | |
| LTAD Team Event | \$40/team | |

**Please note that when registering for a short and a free program the second event in this case will be \$60*

***Please note that for dance and pair teams, the event fee will be \$125 even if a skater is skating a first event in another category.*

No refunds will be given after the closing date of entries of the competition. No medical refunds at any time after the deadline.

On-Site Registration

Skaters must register no later than one hour prior to the beginning of their event but no earlier than 45 minutes before the first event of the day. Music must be received at least one hour prior to start of event.

Coaches

Skate Canada Coaches who wish to receive accreditation from Skate Canada at Super Skate 2018 must meet the following conditions:

- Regional Coach Certified
- Provincial Coach Certified for Pre-Novice
- National Coach Certified for Novice and up
- Be a current Professional Coaching Member of Skate Canada in good standing or USFSA

Coaches must register in person at the registration desk.

Coaches working on the proper certification may request permission to be accredited. Special request must be made to SCMB prior to the entry deadline of ***Friday, October 19, 2018 at 11:59pm CST.***

Judging System

Cumulative Points Calculation System

All STAR 1-3 events will be assessed to standard. STAR 4 level events will be assessed to standard and ranked. STAR 5 and higher events are supported by the Skate Canada CSS software and will be run using the CPC judging system. All categories of some supplementary events will be assessed to standard. This will be indicated in the event procedures for each event as outlined in the 2018-2019 STAR Technical Program Requirements.

Music

All skaters must submit an individual CD when they register at the competition.

Only CDs will be accepted and the start of the music shall be recorded on the CD with less than two seconds of lead in. Each entry must provide two CDs for the competition upon registration – one for competition marked “Master” and one for back-up marked “Copy”. Competitor’s name followed by music time (not skating time) shall be clearly printed on one side of the CD. Each CD shall be enclosed in a plastic case marked with the skater’s name, category, program type (“Short Program” or “Free Program”), and total music time.

For the information of Dance competitors: 2001 Skate Canada Series 8 music or an acceptable contemporary music selection may be used for all pattern dance events. Note: If a dance competitor is choosing to use a contemporary piece of music they must supply the music to the competition as indicated above. Skate Canada Series 8 will be used during the ice dance warm-up period.

Awards

Skaters in STAR 1, 2 and 3 events will be assessed to a standard (Merit, Bronze, Silver or Gold) and will receive a ribbon and feedback form.

Skaters in STAR 4 will receive a feedback form and medals will be presented to the top three finalists.

CPC Report Cards will be given to all skaters and medals will be presented to the top three finalists in STAR 5 to Gold and Pre-Juvenile to Senior events.

Costuming

Clothing worn in competitions must be modest, dignified and appropriate for athletic competition and must not give the effect of excessive nudity for athletic sport. No tights for boys are permitted; girls may wear skirts, trousers or tights. Sleeveless costumes are permitted. Clothing may reflect the character of the music. Accessories and props are not permitted.

Accidents/Liability

Skate Canada, SCMB and Skate Winnipeg and its volunteers undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in this competition, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor’s person and property resulting from, or caused by or connected with, the conduct and managements of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the Local Organizing Committee and against the officers and their entries shall only be accepted on these conditions.

Medical Services

Medical Services available to skaters will be located at ice level.

SCMB Camera Policy

Flash photography is not permitted. Skate Canada Manitoba restricts the use of cameras and video equipment during Skate Canada sanctioned events out of respect for the safety and to protect the privacy of competing athletes.

Spectators are permitted to use cameras at the event for personal use only and are subject to the following conditions. Anyone who does not abide by these rules risks having their camera confiscated by authorized personnel.

- No flash photography is allowed
- Camera lens must not be larger than 200mm in order to avoid obstructing the view of other spectators
- Any resale of photography or posting photos on websites is strictly prohibited
- Video cameras can only be used by the parent(s) of their own skater during their performance

Coaches are only permitted to video tape their own skater from the boards during that skater’s practice or performance. Coaches cannot video tape from the spectator area.

Ticket Information

| | | |
|-----------------------|-------------|-----------------------|
| Adult | \$5 per day | \$10 for weekend pass |
| Senior (60+) | \$3 per day | \$6 for weekend pass |
| Student (6-17) | \$3 per day | \$6 for weekend pass |
| Child (5 and younger) | Free | |

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